

*****Prospectus*****

**22nd
year**

**One-year part-time
Diploma in
Counselling Skills
(DCS-21)**

An interactive practical program to
Improve quality of life and interpersonal
relationships, and to become a competent
counselor

**For adults of all ages and
from all walks of life**

Created and conducted by and at



Banjara Academy

**“Enriching life through
empowerment”**

No. 418, 1st Main, 1st block, **RT Nagar** (past BDA shopping
complex, last right turn on 14th Cross), Bangalore-560032.

Ph: **23535787 8861792260 23330200**

E-mail: banjaradcs@gmail.com

www.banjaracademy.org

Member of **World Federation of Mental Health, USA**
(with Full voting rights)



*Give a deeper meaning to your life by
reaching out to others!*

One year

Diploma in Counseling Skills (DCS)

Here is a program with practical orientation -- to understand, master, and practice the skills of psychological counseling at workplace, community, institutions, and informal set ups. The course has been designed by the faculty carrying decades of experience and knowledge with proven work experience at teaching and counseling. The classes are conducted by a broad cross-section of counselors, psychologists, medical professionals, special educators, and human resources experts who are all genuine and caring people.

Managed by professionals, the course ***is designed to suit even those who do not have prior theoretical knowledge of psychology***, and is conducted with the explicit aim of empowering you with practical skills. Nearly **4,200** participants have successfully completed the course since the year 1999, and many thousands have benefited from the other short term and on-line courses of the Academy since 1991.

This course highlights the philosophy that each person is unique in his or her own right; that in certain conditions each one has the ability to grow and develop; that learning is best achieved when the person takes responsibility and is willing to 'experience' a range of different skills.

Going through this program will help you to improve your own relationships and practice counseling in any of the following areas:

At offices and factories, IT firms, educational institutions, hospitals, nursing homes, alongside busy

medical professionals, adolescents, women's or community organizations, old age homes, hospices, de-addiction centres, with families, youth and children, for marital harmony, or even informally in the community.

The program simultaneously nurtures personal growth and development by making one understand one's own strengths and weaknesses on a continuous basis.

Eligibility

While the program is meant for persons with an academic background up to graduation level or more, ***those with lesser qualification are also considered on interview***, if they are caring and sensitive human beings and have had sufficient exposure to life.

No other prior qualification is needed except the right attitude to strictly follow the guidelines of the course and Academy, and a sincere commitment to understand human beings and to learn, understand and practice counseling.

Duration

When you enroll you will be invited for individual 1:1 interactions and we will do psychological assessment of your life so far, attitudes, and aspirations. This will have to be completed before the classes start as follows:

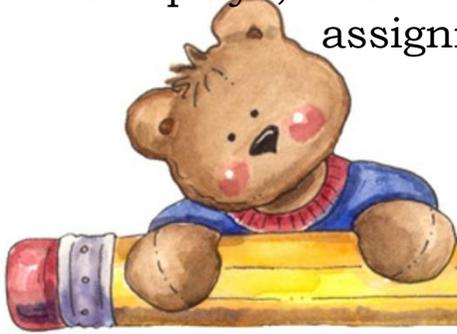
Inauguration is on Saturday 27th June for Teams 1, 3 & 4, and on Thursday 11th July for Team 2

Regular classes will start immediately after course inauguration. Internship begins in August with Institution visits and practical work.

“Nobody can hurt me without my permission.”

— Mahatma Gandhi

Regular classes end on 1st March 2021, and the next few days are spent on extra classes, practical programs, presentations, and Valedictory ceremony by second Saturday of March 2021. The program consists of lectures, role plays, exercises, group interactions, field work, and assignments.



Teams:

Classes and group interactions are held twice a week as follows: You will be allotted to one of these teams:

Team I (T1) Wed & Fridays 10:30am to 12:30pm

Team III (T3) Sat 3:30- 5:30 pm, Sun 10:30 am-12:30 pm

Team IV (T4) Tue & Thu 10:30 am - 12:30 pm

Team II (T2) Tue & Thu 4:30 to 6:30 pm

Additionally, you will be required to take up **3 hours internship work per week**, (as per the convenience of individual candidates). Opportunity will also be provided to enroll in the “Supervised Counseling Sessions (SCS)”, in which you will get hands-on experience through role plays, counseling practice and skills sharpening on a regular basis. (It is optional but we recommend that you opt for it).

The course is conducted in small batches and **sufficient individual interaction and time is provided for personal growth.** *Core faculty, Counselors and Coordinators willingly spend extra time with students as and when they are needed.* If you wish to refine your skills further, we will provide you with additional training and practical work opportunities. Our Counselors will be available to the students face-to-face and by phone at convenient timings if they opt to discuss their personal issues.

It's all about relationships and caring



Student's Commitment

You are expected to put in regular attendance, complete the requisite hours of internship work, and the assignments.

Evaluation is a continuous process, based on attendance, viva, assignments, presentations, quick-reviews, and internship. Core faculty spends time with individual students more for their improvement. **There are no exams** but the student's ability to genuinely reach out and counsel effectively gets the Diploma. Those who do not come up to the required standard may only get a participation certificate. **Complete confidentiality** has to be maintained by you, and we will respect your confidentiality if you share anything with us.

About the Academy:

Banjara Academy is almost four decades old. It not only provides free counseling and emotional support, but has also has been conducting courses in **Counseling, Child & Adolescent Development, Life Skills, Online courses and programs.** Workshops conducted by us (on Parenting, Child Development, Sex Education, old age, Relationships), are very well received and acknowledged by professionals and lay people alike. We are recognized and appreciated by defence, many government/ non-government organizations, psychiatrists, psychologists, eminent educators, medical professionals, educational institutes, etc. **We have continuously received high level of acknowledgement and appreciation among top experts, professionals and officials all over India and elsewhere also. We work with humility and sincerity.**

"A lifelong learner is a lifelong winner." – Matshona Dhliwayo

Join our **library subscription program** to avail books on all aspects of human behavior and mental wellness. Books can be borrowed against a nominal annual fee. We also have many books on counseling, children, teenagers, emotional intelligence, relationships etc. by the Academy available at economical price.



GROWTH LABS at Manthan:



Residential camps of two day's duration are offered during the course, as an additional learning opportunity for the students, against a fee payment. Important aspects of dealing with life are discussed in-depth in these residential workshops. Our retreat is called "Manthan"

situated at Yelahanka on the outskirts of the city. The salubrious place is also available for students or their families hosting workshops or camps if they wish to hire.

Course Content:

Relationships:

- Understanding Emotions
- Interpersonal relationships
- Self-awareness
- Reaching out to people

Life & its stages:

- Defining quality of life
- Family dynamics
- Children
- Marriage
- Women's issues
- Terminal illness/old age
- Gender roles
- Special Children
- Adolescents

- Child Development issues
- Child abuse

Counselling:

- Understanding counselling
- Process/stages of counselling
- Skills of counselling
- Perception & non-judgmental
- Listening & communication
- Body Language
- Empathy
- Qualities of a counselor
- Goal setting
- Counselling Men
- Counselling women
- Urban & Midlife Crisis
- Group Counselling
- Counsellor's role & ego
- Identifying Mental Illness

Counseling child/ teenagers
Workplace counseling
Counselling youth
Difficult clients
Building relationships

The human element:

Depression/Stress
Loneliness
Spirituality in counseling
Values in relationships
Transference
Anger & Forgiveness
Emotional Intelligence
Confrontation
Self-disclosure
Palliative care
Dealing with ego

Areas of concern:

Addictions
Alcoholism
Disability
Sexuality
Sex education
Suicide & Grief
Post-Traumatic Stress
Recovery & Remaking
Legal Aspects

The Future:

Building confidence
Limitations of Counsellors
Time Management
Referrals & Networking
Action Plan

In addition, common classes by eminent and expert guest faculty (who may not be able to take individual sessions for all teams) will be held periodically, open for all DCS students to attend.

Faculty and Guest Faculty:

Since the program is entirely experiential without any text books, we ensure that classes are taken by practicing counselors who have immense experience in dealing with different types of people and issues. We also have specialized counselors, psychologists and psychiatrists to cover specific areas of human behavior and therapies that are required in unusual or difficult situations.

Faculty will also take the trainees through real-life anonymous case studies and provide an environment to practice on how to respond, support and guide people going through various emotional and inter-personal challenges.

Reputed guest faculty who would be invited:

(in alphabetical order)

Mr.Ashok L, Advocate and POCSO specialist
Alcoholics Anonymous representatives
Ms.Akkai Padmashalee, LGBT activist
Regional Director, NIOS
Dr.Chittranjan Andrade, MD, Prof & HOD, Psycho-pharmacology, NIMHANS

Dr.Gururaj Karajigi, Director, Academy for Creative Teaching
Rev.Fr. Pradeep Sequeira, SJ, Rector, St.Aloysius, St. Joseph's
Ms. Husna, Special Educator and Promoter of Larkspur
Dr.Manoj Sharma, Prof of Clinical Psychology Nimhans, Head of Technology de-addiction program
Dr. Nagesh Simha, President of Karunashraya Hospice
Dr. Pratima Murthy, MD, Sr. Prof. of Psychiatry, NIMHANS
Dr. Rajdeep Manwani, Prof of Management, Jain University, and Award Winning Motivational Speaker
Dr. Sandeep Deshpande, MD, MRC Psych, PG Dip (Sexual & Relationship Psychotherapy), Consultant psychiatrist
Mr. Shivakumar, Sr. Advocate and Mediation Specialist
Dr. Shivakumar, Prof and Head of Dept-Geriatric Psychiatry, Nimhans
Dr. Shobha, Prof of Human Development, Bangalore University
Dr. Shobha Srinath,DPM,MD, Prof. & HOD Adolescent Psychiatry, NIMHANS
Dr. Shaibhya Saldanha, MD (ObG), DCS, trainer in sex education
Dr.MS Thimappa, Prof. of Psychology & former Vice-Chancellor, Bangalore University
Dr. Thimappa Hegde, Prof. and Head of Neurosurgery, specialist in stress management
Ms.Usha Shinde, Chief Mentor & Counsellor, Jain Hospital
Mr. M N Vishwanath, sports psychologist, author and columnist

Administrative Director: **Ms. Indra Kamal**

Director (Programs): **Ms. Purnima Ganesh**

Chief Mentor: **Dr. Ali Khwaja** B. Tech (IIT), MIE, MIIM, Ph.D

Practical Training

Students will be provided with opportunities for supervised practical training / assignment work at various institutions:

Large General Hospitals such as Victoria, Manipal, St. John's, Baptist, M.S Ramiah, C V Raman, St.Johns etc.

Specialised Hospitals such as Kidwai Memorial's Palliative Care Unit, NIMHANS Casualty, Command Hospital Air Force, etc.

Schools for special children including Spastic Society of Karnataka, ASHA, Institute of Speech and Hearing, Association of People with Disability, Shraddhanjali Integrated School. Samarthanam Trust for the Disabled, Aruna Chetana, Spandana Rehab, home for Sri Lankan Refugee children.



Police Commissioner's Office – Parihar Counselling Centre, (Makkala Sahay Vani). Sahai Suicide helpline, Mahila Dakshata Samithi, Socare, Sumangali Sevashram

NGOs such as Nightingales Elders Enrichment Services and Advantage Elders Care. Bangalore Hospice Trust's Karunashraya Hospice for the terminally ill. De-addiction and AIDS centres.

Mathru Chaya's (Canara Bank) Old age home, hospital, orphanage, special school. MIND, home for mentally ill and geriatric patients and Various schools and children's homes spread over the city.

Additional Practice: Those desiring to take up regular counselling practice and mock sessions can enroll for the "Supervised Counselling Sessions (SCS)", by paying an additional fee. These sessions will include demonstration of counseling sessions, case studies, real life sharing, dyadic and group sessions, "hot seat" technique, and practical skills sharpening exercises.

Team work divides work and multiplies success.

Course Fees Structure:

Before 27th April 2020

Full course Fee- Rs.45, 500/-
Installment: Rs.27,500/- advance
Rs.4,000/- per month for 5 months

From 28th April 2020

Full course fee Rs.48, 500/-
Installment: Rs. 30,500/- advance
Rs.4,000/- per month for 5 months

GST/ Other relevant taxes as applicable will be charged additionally as per current rate Government regulation.

Refund: Please note that once any payment is made, refund can be claimed only as follows:

Rs. 8,000/- will be deducted if refund claimed before 25th June 2020

Rs. 10,500/- will be deducted if refund claimed before 31st July 20

No refunds will be processed after 31st July, 2020

Fees Structure for T2 batch students:

Full fee payment on or before 27th June 2020- **Rs. 41,500/-**

For teachers, social workers (with 15 years' work experience),

Helping Hand volunteers, defence personnel - **Rs. 36,500/-**

Wish Life came with a syllabus

Placement

While we do not give any guarantee of jobs, so far the Academy has been 100% successful in providing placement to those of our students who were interested in regular jobs. Our students are working in reputed NGOs, educational institutions, hospitals, corporate houses and specialized counseling centres. Many of our students have been provided with opportunities to do counseling on part time or on honorary basis for experience.

Students who have completed DCS are working in various units of Indian Army including Madras Engineering Group (MEG), St. Joseph's Institutions, Eurokids, Philips Innovation Center, Spastic Society of Karnataka, Infosys, Manipal Hospital, CADABAMS, ASHA Foundation, Army School, APSA, Indian Inst of Management, Bangalore (IIM-B), Christ University and College, Mount Carmel College, National Institute of Value Education , Delhi Public School, various Kendriya Vidyalayas, Sa-mudra Foundation, Sindhi, New Horizon Gurukul, Cambridge School, Sophia's, Presidency, Purna Pragnya, Springdales School in Dubai, Kumarans, Frank Anthony, Vibgyor, Innisfree, Cluny, B.M. and SSRV schools. Association of People with Disability (APD), various establishments of Indian Air Force including Command Hospital, and many NGOs, colleges and hospitals.

Many DCS students have established and successfully running their own counseling centres, our students are also attached to prestigious institutions providing counseling services. Similarly, professionals have been able to enhance their inter-personal skills and be more effective in their work after DCS. And last but not least, many have found their life; their family and their relationships have improved considerably.

Recognition

With Practical emphasis, *the course has been designed for creating effective counselors rather than merely imparting theoretical knowledge.* Hence the course is not affiliated to any university, and no government recognition has been sought to avoid exams, theory, syllabus and administrative bottlenecks.

“An investment in knowledge pays the best interest.”

-Benjamin Franklin

**Banjara Academy is a member of
World Federation of Mental Health, USA
(with full voting rights)**

The course and the Academy are well received by innumerable government and private organizations, including reputed NGOs, educational institutions, eminent professionals and commercial establishments, for whom the Academy has been conducting lectures, training and workshops. We are proud to be regularly invited by Indian Army and Indian Air Force to conduct programs.

This Diploma (DCS) will open the doors for you to step into the world of counselling with your head held high. Government and Universities have appointed our counselors too.

We are also an Accredited Vocational Institute of National Institute of Open Schooling (NIOS) for Early Childhood Care and Education. UNO has sponsored students from different countries to our courses.

**Feedback on Banjara Academy's
Accomplishments and Contribution:**

Dr. Mohan Isaac, Professor & HOD: I would be delighted to assist your efforts in my personal capacity as well as in my capacity as Chairman of the Dept. of Psychiatry at NIMHANS.

Dr. Uma Warriar, Chief Counsellor, Jain University: "We are sure that the participants have benefited from your sharing on 'Managing Teens'. This would undoubtedly contribute to adequately manage the teenage issues in educational institutions and society at large."

National Academy For Learning (NAFL): It was indeed, fruitful and meaningful and helped the faculty refresh their goals of teaching and connecting positively with the children".

Fr. Felix Koikara, SDB, Director, Don Bosco Yuva Prachodini: I was so impressed when I visited your place and learned about your work that I often quote your example to show what "one man of good will" can do.

Dr. K. Reddemma, President, Governing Board, International Services Association: "Your association has been and will always be an honour to this organization. We acknowledge that , this Organization has reached to its

present status with your invaluable guidance and participation in the programs.

Group Capt Pauline Babu, Commandant: “Air Force Hospital, Gorakhpur stands blessed by your gracious presence as well as words of wisdom and messages during your greatly appreciated discourse. The event shall be etched on golden letter in the annals of history of the hospital.

Fr Pradeep Sequeira, SJ, St Aloysius College, Mangalore: It was really kind of you to have obliged for faculty orientation Programme for all our teaching staff of undergraduate and postgraduate Sections. Being present I saw for myself how you motivated my colleagues and me.

Students Journey with DCS

Susanna Lokhande Administrator, Lokhande Hospital: There has surely been a positive change in my life. Today with joy I am able to reach out not only to patients at our Hospital but also at Baptist hospital, Helpage India, Kidwai hospital and many others. All this has given me a tremendous sense of wellbeing, purpose and confidence.

Dr.S Rajesh, Director BM Group of Schools, and Adjunct Faculty, St. Joseph's College. The DCS course was of immense use to me not just to play the role of a counselor, but to live life more fully. It went a long way in fostering better familial ties and personal relationships. It helped understand ourselves better. As a teacher, my DCS experience was greatly useful in the class room to understand the children.

Chitra Ramarajan, Associate Director NIVE (National Institute of Value Education): Doing DCS & CLST has helped me both personally and professionally. While personally it has empowered me and helped me get a lot of clarity, professionally it has increased my effectiveness as a counselor and trainer.

Rajeshwari V Nag. Counselor Member of High Court, Director AJNA Counseling & Training: I feel DCS has helped me gain a clear insight into how I see within myself and how I view the world external to me. I don't have to make an extra effort to become self-aware, to accept myself, to cope up with the life events. I am also able to reach out to many people who are in emotional turmoil and distress through counseling.

Sunitha B. J. (Manager, Karnataka Health Promotion Trust): We internalize what is happening during the course -- and there is self-introspection. Because of this I came to know about positive and not so positive qualities of mine, thus bringing about self-enhancement.

The Reward for Work well done is the Opportunity to do more

Bala Chauhan (Chief of Bureau, Indian Express): It's about knowing myself, understanding myself, understand people, and put relationships in better perspective -- it got me in touch with myself.

Dr. Chandra Janakiraman (former Faculty Bangalore University): Quite a few people questioned my decision to do the DCS course as I had already done a Diploma course in Counseling from CCC, Vellore before getting my PhD in Psychology. The difference between my other courses and DCS is simply this: Doing DCS helped me understand myself at a deeper level. I became more self-reliant in dealing with life and actually learnt how to deal with life without getting flustered. I also finally learnt how to empathize, for real.

Captain L N Prasad (Retd) Indian Navy. Executive Manager, Project Management Institute (PMI): "I did my DCS in the year 2011. It is a wonderful course. It enabled me to get a good understanding of human behavior, and helped me understand and communicate well with people. Finally I am able to face the Ups and downs of life in a very confident way."

Dr. S. Vasanthakumari, MBBS, MRCOG (London), DRCOG (Dublin), ObG: When I came I was quite distressed with negative emotions. DCS gave me insight into human emotions and how to process them. I worked on myself and climbed up from narrow end of tunnel to wider end. Now I feel well balanced with my inner peace and outer harmony...Thanks to Dr Ali Khwaja for making practical psychology accessible to all of us.

Organizations for whom lectures/ workshops have been conducted by Banjara Academy:

Bharat Heavy Electricals Ltd (BHEL)	Indian Institute of Science
Bharat Electronics Ltd (BEL)	National Institute of Child Development (NIPCCD)
National Institute of Value Education	Christ University & College
Cap Stone School, Hoskote	St. Ann's College
Hindustan Aeronautic (HAL)	Mount Carmel College
Escorts Mahle Ltd.	Bishop Cotton Women's College & Girls School
ITI Limited	Bala Vidya Mandir, Chennai
Kirloskar Electric Company	AMS Homeopathic Medical College
John Fowler Limited	Spastic Society of Karnataka
Robert Bosch India Limited	Developmental Centre for Exceptional Children (DEC)
Iflex Solutions Limited	St. Joseph's College/School
Price Waterhouse Cooper	Kendriya Vidyalayas (KV's)
Hotel West End	Jain Schools & Jain College
Defence Inst of Quality Assurance (DIQA)	MES College
Madras Engg Group Indian Army (MEG)	Presidency College
Infosys (Pune)	Jyothi Nivas College
Honeywell	First Computers
Income Tax College (DTRTI)	AV Education Society
Small Industries Dev Bank of India (SIDBI)	BNM School, Banashankari
Punjab National Bank	Sri Kumarans School
Vijaya Bank	BMS Colleges
South Indian Banks Staff College	Sri Sri Ravi Shankar Vidya Mandir

St. Claret's College
 Indian Academy
 Christi Jyothi College
 Don Bosco Yuva Prachodini & Don
 Bosco, Pune
 St. Ann's Provincialiate
 Institute of Spirituality
 Montfort College
 Inter Religious Harmony Movement
 St. John's Hospital
 Mahavir Jain Hospital Heart Centre
 NIMHANS
 M S Ramiah Hospital
 MYRADA, Gokak
 Janodaya
 Bangalore Cares
 Many Rotary Clubs
 Karnataka State Council for Child
 Welfare (KSCCW)
 CBR Network
 Child Study Association CSA
 Rehabilitation Council of India (RCI)
 Women's Empowerment Grp
 Nightingales Elders Group
 Respect for Life India
 Spastic Society of Kar (SSK)
 Karnataka Parents Assn. for M R
 Citizens (KPAMRC)
 Mitra Jyothi
 India Autism Forum

MES Indian School, Doha Chimes
 Montessori Centre
 Presidency School
 HAL Public School
 Future Foundation Montessori
 Medico Pastrol Association
 Rotary Club
 Jayanagar Study Centre
 C-DOT
 Chrysalis High
 St. Francis Xavier
 New Horizon College of Engineering
 NPS
 Ambedkar Medical College
 Teacher Foundation
 Mums and Stories
 Prasanna Counselling centre
 Orchids Intl School
 Foundation for Excellence India Trust
 Shantha Educational Institute
 Discover Montessori House
 Maharani's College
 Essae Chandran Institute
 Pramati Technologies
 Chinnara Lokha (Euro kids)
 Kabir Ashram
 Carmel School
 Impact Engineering Colleges
 Acharya College
 Phoenix Family

Vocations of some of our Alumni

Mr	Abhijit Mukherjee	Director, APD
Ms	Alka Patidar	Counsellor Indian Air Force
Ms	Alpa Dharamshi	Indian Cancer Society
Ms	Aminath Lugma	Maldives
Ms	Anchal Duggal	writer & novelist
Ms	Anitha Yadalam	Brindavan Education Society
Ms	Annamary S	Principal CBSE School
Mr	Antony Raju	Christ University
Ms	Anu Chengappa	Advocate
Ms	Anupama Bajaj	Art Therapist
Dr.	Arathi Hiremath	Hospital Administrator
Ms.	Archana Satheesh	Counsellor DPS
Ms	Aruna Meshack	Andaman Islands
Ms	Aruna Prema Kumari	Secretary, Kamalabai School
Ms	Asgari A Hirji	Youth Counsellor, USA
Ms	Asha J Jain	Principal, KV

Ms	Asha Sarella	Dance & Movement therapist
Mr	Ashok Vyas	Deaddiction counsellor, Surat
Mr	Azeem Bolar M	Counsellor, Aditi Tech
Ms	Bala Chauhan	Chief Bureau journalist
Ms	Shanta Wasunkar	Counsellor at Concern India
Ms	Nila Madhavan	Architect
Ms	Stella Mary Pandhare	Principal Nurture School
Dr.	Stella Samuel	Principal, Bishop Cotton
Ms	Annamary S	Principial @ Chikkablalpur
Dr.	Jayalakshmi H G	Prof of Avureda
Ms	Pushpa Hawargi	Owner of preschool
Dr	Dharaneesh Prasad	Prof, Community Medicine
Ms	Sumaiya Naaz	Special Educator
Ms	Supriya Chaturvedi	Squadron Leader, IAF
Mr	Vinod Chengappa	Retired Colonel, ex-NDA
Dr	Dr.Shoiba Saldanha	Prof of Gynecology
Mr	Sridhar T V	Chartered Accountant
Ms	Kousalya Devi R	Retd. Chief Manager SBI
Ms	Chitra Ananthan	Counsellor, Indian Air Force
Mr	Winston Chinniah	Air Commodore, IAF (R)
Dr.	Chandra J	Psychology Prof, BU
Dr.	Chaya Nair	Pediatrician
Ms.	Chenthamarai V.	Company Secretary
Mr	Chime Dorjee	Bhutan
Ms	Chitra Ramarajan	Nat Institute of Value Education

Instructions to Candidates

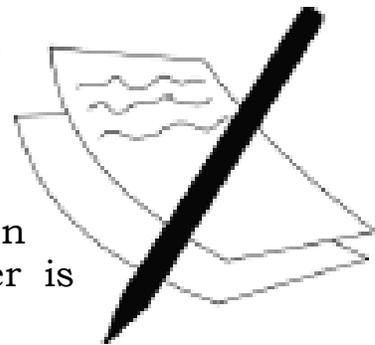
Please fill up the application form completely. Incomplete forms may not be accepted.

Admission is confirmed only when registration is accepted and a roll number is allotted to you.

Contact office to complete these formalities:

1. Interaction with Directors
2. Simple questionnaires to assess your life's journey, learning and attitudes (IAQ test)
3. Students Manual explanation and undertaking letter to be signed
4. Fee structure selection and cheques or payment deposited

First class (inauguration) for T1, T3 & T4 will be held on Saturday 27th June. Attendance is compulsory. (11th July for Team T2)



Think, feel and experience



While this program does not have syllabus, text books, theory, exams etc., yet it is a course where you introspect into your own life, your relationships, and how you can improve your skills to enrich your quality of living. We expect you to take deep interest in human behavior, understand inter-personal dynamics in all areas of life, and make sincere attempts to bring about transformation in your own self.

FREE COUNSELLING

Banjara Academy offers **free counselling** through its service wing 'Helping Hand' for child, adolescent, family and inter-personal emotional problems. Trained counsellors & specialists such as psychologists, pediatricians, special educators, etc. are available. Over four hundred volunteers work in the major hospitals of the city providing support and relief to patients and their attendants.

Ask for our list of very practical, highly readable books on all aspects of human behavior, **ranging from Rs. 20/- to Rs. 100/-**

Free lectures on all aspects of human behavior:
Third Thursday of every month at 10:00 am at RT Nagar



CHILD and CAREER GUIDANCE

Aptitude Testing and Career Guidance is offered for students and others throughout the year, giving a detailed report on potential, capabilities, career options and reputed institutions. Psycho-social Assessment is done for younger children. A unique **Gurukul** for children who do not or cannot go to mainstream schools, who need personal care or guidance. **Manthan** retreat available for workshops/parties. Simple affordable **books**. Free counseling for all.

As a DCS student, you become part of an ever-growing family of very genuine, caring and interesting people of all ages and background. Let's march to a better quality of life, enriching others emotionally, taking each day as it comes, with warmth and love.



Team Banjara

"Enriching Life through Empowerment"