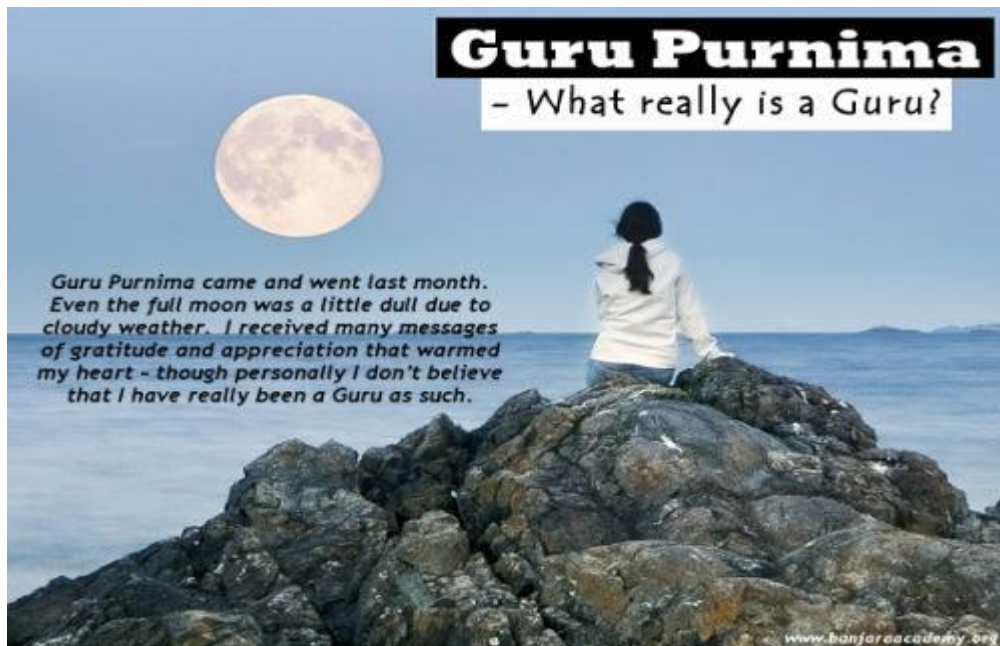
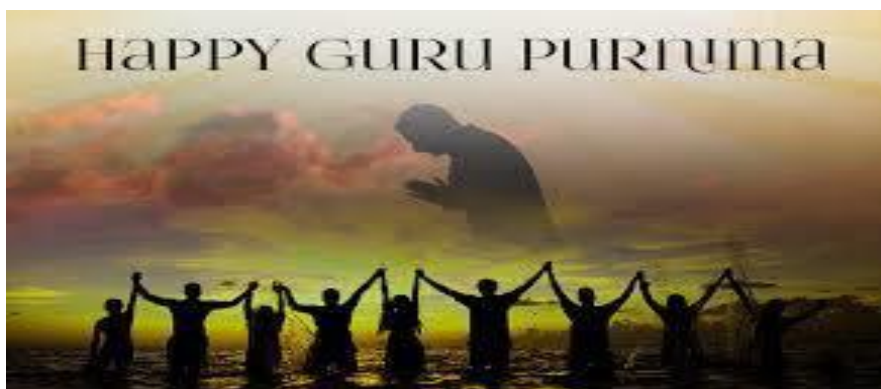


Guru Purnima - What really is a Guru



Guru Purnima came and went last month. Even the full moon was a little dull due to cloudy weather. I received many messages of gratitude and appreciation that warmed my heart – though personally I don't believe that I have really been a Guru as such.

Which made me think – **what really is a Guru?** Is it just the teachers who taught us through text books, is it the religious wise men who give sermons, is it the person who coaches you when you have exams and sees that you pass? Surprisingly my best and most effective gurus have been none of these – they have been people who encouraged me to think for myself, motivated me to progress without them being my crutches, cheered me on when I was doing something nice, and stood by me when I faltered.



Some of my gurus have also been my worst critics who made all efforts to pull me down, and in the process lit a spark of determination in me that I should prove them wrong!

Many a time we do not realize how much we are learning from different people, leave alone acknowledging and appreciating them

for what they have given us! Shall we start doing it now at least?

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